



Hi,

I've just gotten back from lunch with a dear friend. As we were sitting there enjoying our Thai food, our conversation ranged far and wide—from our careers, our home lives, our mutual friends, our challenges and my need to get new tires for my car. Just one of the intriguing things she brought up was her discomfort with asking for help. I felt inspired by our conversation and realized that the next ingredient of success I needed to share with you is Support from Others

Happy reading,

K

Karen

9. Support from Others

I know that we've all heard at least one story of a self-made (hu)man—that individual who had the guts, intelligence and sheer determination to raise themselves from rags to riches—to make themselves into a huge success—without help from anyone. Heck, you may even know someone like this. Stories of self-made humans have always inspired me. They help me to remember that we are all capable of achieving greatness.

Imagine starting with “nothing” and being rewarded with “everything” for all your hard work. It's awe inspiring isn't it? For a long time, I had a goal to be a self-made success just like the heroes in the Horatio Alger stories.

Did you notice I wrote “had a goal” - past tense? That wasn't a typo. I truly no longer have a goal to being a self-made success in this way. I changed my goal because I realized two things.

First, I realized no one is self-made in the sense that they can do it all on their own. No one can reach their dreams of success all on their own because no one is an island. It is impossible to become a success all by yourself. It's like saying, “I'm going to live on a desert island all by myself with no communication to the outside world, no books, no resources besides what I can find or create on my own and become the richest person in the world within ten years.” Sounds ridiculous doesn't it? It sounds ridiculous because you already know you **MUST** have the help and support of others to achieve this kind of success and not try to create it all on your own. Once I stopped believing I could do it all on my own and started asking others for support, I have moved forward in my life at an amazing rate.

Second, I realized I am already self-made. My current success is solely based on what I've already done, believed, thought and felt. My future success will be solely based on what I am doing, believe, thinking and feeling right now. You are already self-made too.

Let me conclude with my hope for you. My hope is that you now realize, if you didn't already, you must have the support of others to realize your dreams of success. Please don't fall for the myth of being self-made in the sense of the rags to riches stories. You already are self-made and if you would like to make yourself into something more than you are right now, asking others for support is a key ingredient of your future success.

Don't Forget

**There is no
Building
Success call
this month!**