



Hi,

It's hard to believe it's already been a month since the last newsletter. Publishing a newsletter once a month is still new to me.

Thanks to everyone who joined in the success discussions last month! I will be hosting conference calls this month too. Don't forget to RSVP for the one that works best for you. The dates and times are listed in the sidebar below.

This month's article continues the success ingredient discussion with the second ingredient — Have a Sense of Responsibility for Yourself.

Happy Valentine's Day, President's Day and Happy February,

Karen

2. Have a Sense of Responsibility for Yourself

Have you ever thought about what you would do if, like Aladdin, you discovered a genie in a bottle? Or maybe you are more the Cinderella type and are waiting for your Fairy Godmother to show up. Are you just dreaming of finding Prince Charming so you can live happily ever after?

Few of us would admit to more than a passing daydream about such things. We know that we are responsible for all aspects of ourselves. Don't we?

The best answer I can come up to this question is just DEFINITELY MAYBE. I believe that we each harbor thoughts that someone or some group has more control over our lives than we do. No one does a better job of showing that we are in control of ourselves regardless of the situation we find ourselves in than Viktor Frankl. In his book, [Man's Search for Meaning](#), he describes life in Nazi death camps and how some people were able to overcome their situation and take responsibility for themselves.

Thank goodness, none of us are facing life in a death camp, but we do face challenges to our success every day. Knowing that we are responsible for ourselves is both empowering and liberating. It allows us to understand that it is up to us and no one else to bring about what we want in our lives. It allows us to take action instead of waiting for someone else to do something for us because we are responsible for ourselves.

I have a challenge for you. Ask yourself these questions: "Who or what am I waiting on to make me successful? Who do I expect to make my life better?"

Your answers may show you who your genie in a bottle is. If it isn't you, be sure and join this month's call to discuss out how you can be your own genie!

Don't Forget

To reserve your spot in one of this month's Building Success conference calls, click your preferred call below to RSVP by email or call me at 817-988-8086.

- [Monday, February 16 @ 11:30am Central Time](#)
- [Tuesday, February 17 @ 6:30pm Central Time](#)